1. **Have Plenty of Food**
	* Keep a 3- to 5-day supply of drinking water in plastic bottles. Plan on at least 1 gallon of water per person, per day.
	* Store a manual can opener with enough nonperishable foods for 3 to 5 days. Canned meats, tuna fish and peanut butter are good foods to store. Don’t forget pet foods!
	* Conserve water by using paper plates and plastic utensils.
	* Have a camp stove or grill for outdoor cooking.
2. **Stay in Touch**
	* Have a portable, battery-powered radio and alarm clock.
	* Have one non-portable phone that will work even if power is interrupted.
	* Plan where to meet and how to communicate with family members if separated.
	* Keep essential family member contact information near your phone, in your wallet, and in your glove compartment.
3. **Keep Things Going**
	* Keep plenty of gas in your car.
	* Keep extra batteries, matches, propane, charcoal and firewood.
4. **Stay Happy, Healthy and Warm**
	* Coordinate with neighbors for care of the elderly and disabled living alone.
	* Maintain a supply of prescriptions, nonprescription drugs, vitamins and special dietary foods.
	* Playing cards, books, drawing and writing supplies, and board games help pass the time. If you have a video camera and tapes, your family can make a storm documentary.
	* Keep sanitary and personal hygiene supplies replenished. Premoistened cleansing towelettes are useful and help conserve water.
	* Use plastic trash bags and ties for garbage.
	* Put first-aid kits in your home and car.
	* Make sure you have cold weather clothing, foul weather gear, blankets and sleeping bags.
	* Consider purchasing alternative UL-approved heating devices. For example, a fireplace insert, or woodstove will keep the heat in your home instead of up the chimney.
	* Use flashlights and other battery-operated lighting instead of candles.
	* Keep fire extinguishers fully charged.
	* Fill your bathtub with water for bathroom use before the storm (if you have a well).